

# Now Cinnamon Honey Almonds

## Nutrition Facts

1 servings per container

**Serving size** 1 package (35g)

**Amount Per Serving**

**Calories** **190**

**% Daily Value\***

**Total Fat** 15g **19%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 75mg **3%**

**Total Carbohydrate** 13g **3%**

Dietary Fiber 4g **14%**

Total Sugars 9g

Includes 8g Added Sugars **16%**

**Protein** 5g

Vitamin D 0mcg **0%**

Calcium 85mg **6%**

Iron 1mg **6%**

Potassium 183mg **4%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.